

Press Release- International Day of Yoga



EdCIL India Limited, a leading public sector undertaking of the Ministry of Education celebrated, 11th International Day of Yoga (IDY) in Rishikesh, a city renowned for its spiritual and cultural significance. The event was attended by Shri Govind Jaiswal, IAS, Joint Secretary of MoE and Chairman & Managing Director, EdCIL along with Board Members & senior officials of EdCIL. The event was also organized in KVS Rishikesh along with students from KVS and EdCIL officials.

The event aimed to promote human well-being, aligning with the theme of IDY 2025, "Yoga for One Earth, One Health," underlining the interdependence between human well-being, **Vasudhaiva Kutumbakam** and the planet.

Following the yoga session, EdCIL organized a plantation drive at Kendriya Vidyalaya, Rishikesh. The initiative aimed to promote 'Ek Ped Maa key Naam' with the objectives of educating students and community about the importance of conservation of trees.

Shri Govind Jaiswal, CMD, EdCIL, emphasized the significance of yoga and wellness in daily life, remarked, "EdCIL is committed towards becoming a healthier nation and contributing towards a healthier planet, as envisioned by our Prime Minister. Through initiatives like IDY celebrations and plantation drives, the overall aim is to contribute to the well-being of our employees and the community at large".